

SOLUTION OVERVIEW

Beyond Dispensing: How Individualized Care Leads to Strong Adherence Rates and Improved Outcomes for Patients with Inflammatory Conditions

Targeted clinical programs reduce waste of costly medications and can save clients nearly \$6,500 with a single intervention*

Specialty medications, used to treat complex conditions, are continuing to grow in the marketplace, representing 64% of the drugs currently in development.¹ While often expensive, these medications are increasingly used to treat Inflammatory conditions, which include a variety of diseases such as rheumatoid arthritis, plaque psoriasis and Crohn's disease. As a result, inflammatory conditions represent one of the top categories for specialty drug spend.

All of these conditions, which can manifest differently from patient to patient, are characterized by flare ups that bring on pain or discomfort and can even become debilitating. There are various treatment options available for these conditions, including traditional and specialty medications, to reduce flare ups, disease progression, alleviate pain or discomfort, and improve quality of life.

Clinical pharmacy management is critical for these conditions because adherence to drug therapy can be difficult. Many of the medications are self-injected weekly, monthly or quarterly and patients can forget to take them. Additionally, several inflammatory treatments can negatively impact the immune system, so some patients have to hold off on taking their dose until after an infection, vaccine or surgery, leading to lapses in therapy, which could result in an increase in disease activity. Patients may also experience side effects or feel the treatment isn't working and simply stop taking their medications. **A specialty pharmacy that provides patient education, monitoring, screening and clinical interventions when needed is necessary to overcome these hurdles.**

THE PREVALENCE OF INFLAMMATORY CONDITIONS



5-7%

of people in Western society have an inflammatory condition²

7.5M

Americans have plaque psoriasis³

60%

of psoriasis patients missed **26 days/yr** of work due to their illness⁶

780,000

Americans have Crohn's disease⁴

60%

poorly treated RA patients unable to work **10 years** after onset⁷

1.5M

Americans have rheumatoid arthritis⁵

ENVISIONSPECIALTY

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**OUR BEST-IN-CLASS INFLAMMATORY CONDITION PATIENT MANAGEMENT
COULD SAVE PLAN SPONSORS NEARLY \$6,500 PER CLINICAL INTERVENTION^{8*}**



**MEDICATION
ADHERENCE**

90%

BENCHMARK⁹: 70%



**90 DAY
DISCONTINUATION RATE**

5.2%

BENCHMARK¹⁰: 10.2%



BIOLOGIC SWITCH

4%

BENCHMARK¹¹: 6%**



**AVG. TIME SPENT WITH
PATIENT PRIOR TO THERAPY**

23

MINUTES

A HIGH-TOUCH SPECIALTY PHARMACY PROVES CRITICAL IN MANAGING INFLAMMATORY CONDITIONS

EnvisionSpecialty's clinical team delivers high-touch care from the very first patient interaction that results in improved adherence, site-of-care optimization, a reduction in unnecessarily high-dose drug utilization, and other measures that improve patient health and reduce plan costs.

Prior to Treatment: EnvisionSpecialty pharmacists discuss treatment expectations and key points that can affect therapy, like potential persistent symptoms or lack of symptoms. For those receiving injectable treatments, we provide injection training and link patients to a pharmacy staff specialist, available 24/7 for counseling and injection tips. A pharmacy specialist also performs a readiness screening to determine if the patient would benefit from an alternate start date to lessen the impact of potential side effects on pre-scheduled events. This helps improve adherence in the crucial first 90 days of therapy.

100% of Patients Assessed for Financial Assistance:

At the start of care, 100% of patients are assessed for copay assistance through our SpecialtyBridge program, because making expensive medications affordable is key to driving adherence.

**Average of the top 10% of the highest cost interventions per disease state per quarter. ** When changing to a new treatment, lower switch rates correlate to keeping the patient on therapy an appropriate length of time to assess clinical benefit.*

Empowering Engagement Throughout Therapy:

Through continuous patient monitoring and screening, our specially trained pharmacists monitor disease activity, treatment response and help patients resolve therapy hurdles. All of these interactions are captured in our proprietary Disease Activity Tracking tool, which is used to adjust the patient's care plan as needed to achieve the most optimal treatment outcome.

DELIVERING BETTER OUTCOMES WHILE PROVIDING PLAN SAVINGS

EnvisionSpecialty's dedication to the patient is the difference between simply supplying a medication and truly impacting the quality of a patient's life. Knowing that every patient's story is unique, we provide a proactive, hands-on pharmacy approach that is disease and drug specific, as well as tailored to each patient's individual needs.

1 MHA Pharma Evaluate Pipeline Report (2016). Investors Business Daily. 2 El-Gabalawy, et al (2010). Epidemiology of immune-mediated inflammatory diseases: incidence, prevalence, natural history and comorbidities. The Journal of Rheumatology Supplement. 3 www.psoriasis.org/content/statistics 4 Crohn's & Colitis Foundation of America (2014). The Facts About Inflammatory Bowel Diseases. 5 Arthritis Foundation (2018). Arthritis By the Numbers/Book of Trusted Facts & Figures. 6 www.psoriasis.org/content/statistics 7 www.healthline.com/health/rheumatoid-arthritis/facts-statistics-infographic#2 8 Q1 2018 pharmacy performance metrics for Inflammatory Conditions. 9 Selinger C, et al (2011). Non-adherence to inflammatory bowel disease maintenance medication: extent and predictors. J Gastroenterol Hepatol. 10 Li, P, et al (2010). Adherence, Discontinuation, and Switching of Biologic Therapies in Medicaid Enrollees with Rheumatoid Arthritis. International Society for Pharmacoeconomics and Outcomes Research. 11 Walsh J, et al (2017). Patterns of Treatment Adherence, Persistence, and Discontinuation of Biologic Therapy Among Patients with Psoriatic Arthritis in the United States. Journal of Managed Care & Specialty Pharmacy.

Learn how these strategies can help reduce costs and improve member outcomes at envisionpharmacies.com/specialty

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